CHIETA
CHEMICAL INDUSTRIES EDUCATION & TRAINING AUTHORITY

THE STRIDES OF A WOMAN

AGAINST ALL ODDS

WOMEN'S MONTH SPECIAL EDITION MAGAZINE

CHIETA'S ARPL PROGRAMME EMPOWERS WOMEN

IMPACT OF 4IR ON OUR EDUCATION SYSTEM

EDITOR'S NOTE

CELEBRATING OUR AMAZING WOMEN!

August is a special month where South Africa celebrates the role played by women in shaping our democracy.

It is the time that we show our gratitude to the 20 000 brave women of all races, who in 1956 defied the brutal apartheid regime to march to the Union Buildings demanding the repeal of the infamous 'pass laws.

Women continue to play a vital role in building South Africa.

For so long, the stories we heard were owned by men!

In this August edition, we are celebrating womanhood and the wonderful stories each one of us holds dear. We acknowledge the amazing contribution our women have done, and continue to do, in building this beautiful country.

Enjoy the rest of women's month. Mbokodo, you are idols of love, affection and care. You lighten souls and lives.

Women, you are amazing! Remember that.

Happy Reading!

Glory Nyathi, Editor

BE HUMBLE
BE HUNGRY
AND ALWAYS BE THE HARDEST WORKER IN THE ROOM

Sub-Lieutenant Masego Mosupye
Chemical Engineer - SA Navy

"The future of South African youth is massive, there is so much potential in our country and I plan to stay involved in youth development initiatives until we can make a visible difference."

THE STRIDES OF A WOMAN

Sub-lieutenant Masego Mosupye, a UCT chemical engineering alumnus and past subwarden of the Woolsack residence, was the South African Navy Guard Platoon Commander at the opening of parliament on Thursday, 9 February 2017, ahead of the State of the Nation address.

Mosupye is currently employed by the South African Navy as an engineering officer, dealing with corrosion on naval vessels. She is based at the Simon's Town dockyard and teaches an engineering class with the Sea Cadets at Training Ship Woltemade on weekends.

Mosupye joined the Sea Cadets as an instructor early in 2012 while waiting to be considered for the University Reserve Training Project.

After completing her Military Training for Officers Part 1 (MTO1) at the South African Naval College in Gordon's Bay, she was awarded the management trophy for her achievements on the course.

CHIETA'S FEMALE STAFF COMPLIMENT 102

Here's to strong women.
May we know them.
May we be them, may we raise them.

RAISING TEENS

DO's

- Always listen to them, it makes them feel that they have a voice and get empowered by that.
- Spend time with your kids. Show interest in what they do and value so that you can pick up changes on their behaviour.
- Talk about real life issues with them and give them space when needed.
- Respect each other's rules and apologies if you are wrong. Trust them.
- Get to know their friends and the parents if possible.
- Let them know that you love them and care for them.

DONT's

- Do not be unreasonable
- Do not criticise them (especially in front of friends).
- Don't make promises you don't intend to keep.

TRAVEL STYLE

If you're dreaming of a carefree summer, invest in a capsule holiday wardrobe ASAP.

Don't miss out on fun times because you have not planned. Plan your summer wear now!

SOME OF THE BEST TRAVEL DESTINATIONS IN AFRICA

01 BOTSWANA

If you're looking for a great safari getaway, Botswana is the perfect destination to visit. Bordered by South Africa, Namibia, and Zimbabwe, Botswana is home to the Okavango Delta. The delta is one of the most sought after wilderness destinations in the world. Its location is in the Kalahari Basin. Here you can experience an array of wildlife and vegetation.

If you love culture and heritage, you can explore San history at the Tsodilo Hills. You can visit the villages of the San people, and see rock paintings that have existed for thousands of years.

Accommodation ranges from luxury lodges to budget guesthouses and camping grounds.

02 KENYA

Kenya is an ideal destination for family holidays, safaris, and beach holidays. The best time to visit is between October and March.

Lamu is a beautiful place to visit if you're looking for a wellness retreat. Here, you can enjoy yoga retreats, stunning beaches, and a relaxed atmosphere. You can get to the island in a dhow ferry from Manda Island.

At Malindi and Watamu, you can explore the diversity of marine life nestled in the coral reefs. You can also enjoy bird watching at Lake Nakuru. Amboseli National Park is a fantastic place to visit if you love wildlife. You can also enjoy astunning view of Mount Kilimanjaro.

If you're a culture and history enthusiast, the Gede Ruins in Watamu will give you much insight into the island's heritage. Knowing how to speak some Swahili (Kenya's official language) is very helpful. And you'll find it easier to connect with locals.

03 LESOTHO

Lesotho is the perfect destination for a nature retreat. You can immerse yourself in the majestic Maloti Mountains, and see the best wildlife. Adventure lovers can enjoy a ski trip during the country's winter season.

The main attractions to visit are the parks and reserves. You can explore a variety of bird life at the Sehlabathebe National Park. You can also visit the Sani Pass, which is a world heritage site. The pass sits on the Drakensberg escarpment between Lesotho and South Africa 2,874 meters above sea level.

The Ts'enhlanyane National Park is a scenic park that has an array of wildlife, birds, and flora. Its location is at the foot of the Holomo Pass at the Maloti Mountains.

The Bokong Nature Reserve overlooks the magnificent Lepaqoa Waterfall and Valley. It is the perfect place for a wellness retreat of hiking trails.

HOW TO

LOVE & ACCEPT YOUR BODY UNCONDITIONALLY

A woman is so much more than just her body!

Empower Yourself with Positive Thinking.

You have the power to choose to love yourself and cultivate happiness within your vessel. You can opt out of the struggle, the stress and the constant worrying of, "do I measure up?" to society's impossible standards of female beauty because guess what? Nobody does!

You are good enough just as you are. Make healthy lifestyle choices that nurture your body, mind and spirit, and remember:

Self-Love is the BEST healthy lifestyle choice!

Here are some positive affirmations to repeat yourself in meditation or say out loud in the mirror. At first this might be difficult and some tears might be shed. Just know that whatever happens, this is all part of your healing and growth.

I am enough

I am beautiful

I am unique

I love and respect my body (also, my mind and spirit!)

I am more than my body

My body is a safe, happy place

I reject artificial standards of beauty that do not serve me

I love myself unconditionally

I see the beauty in all living things

IMPACT OF 4IR ON OUR EDUCATION SYSTEM

A critical evaluation of SA's education system points to the following challenges relating to readiness for 4IR: Current school curriculum does not equip learners with the right skills or education for the 4IR.

Computer science skills are at the center of this revolution, however very few primary and high school learners have access to computers. Some learners reach Grade 12 without ever interacting with a computer. Access to fast and reliable internet is a national problem, while for those who can access the internet, this is a costly exercise.

Coding, an important technical skill for future jobs is, not part of the curriculum. This is an important skill even for students who take up non-technical subjects. Teachers at both primary and high school level are not being provided with training and development to capacitate them to teach a 4IR geared education to their learners.The disparity between urban, rural as well as township and suburban schools exacerbates the situation. The resourced schools have the advantage of better equipping their learners for 4IR while rural and township schools are at a disadvantage. 4IR will require schools to properly prepare leaners with the right tools to come up with new and innovative solutions to today and tomorrow's problems facing society.

Special contribution from CHIETA CEO, Khathu Ramukumba

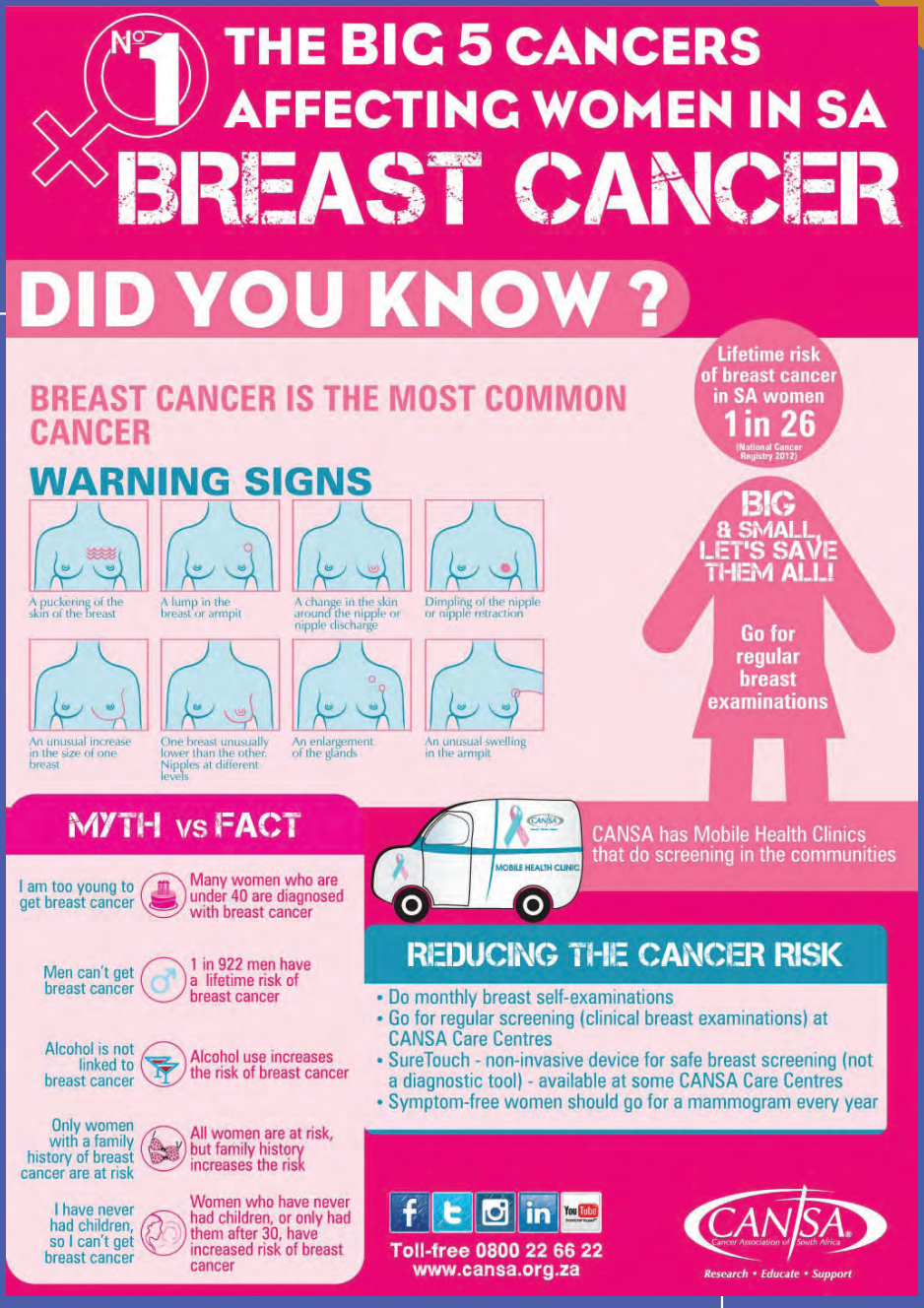
LETS TALK WOMEN'S HEALTH

Cervical Cancer

How Often Should You Get Checked For Cervical Cancer?

All women should begin cervical cancer screening at age 21. Women ages 21 to 29 should have a Pap test every 3 years. They should not be tested for HPV unless it is needed after an abnormal Pap test result. Women ages 30 to 65 should have both a Pap test and an HPV test every 5 years.

Regular gynaecological health checks are a must for all women.



AGAINST ALL ODDS

TSHIDI MAGONARE

Against all odds, our parents, who were working about 156km away from home and were only with us during the week-ends or when on leave, instilled some degree of discipline, respect and determination. These traits carried us throughout our childhood and pushed us to work harder in order to break the poverty circle in which we grew up in.

To date, my 4 siblings and I have professions achieved through hard work and sacrifices that are assisting us to put bread on the table for our respective families. As a result of my upbringing I am in my small ways trying my best to contribute towards helping other people to improve their socio-economic conditions and become better than before.

I would like to learn as many languages as possible, but on top of my list is Tshivenda. The language is fascinating to me and has a rich and interesting culture in my view. I want to learn "thank you and God bless", for a start.

It is important to have integrity, to love yourself, to be compassionate, respect others as you would like to be respected and most importantly to have passion and not give up until you reach your set goals. As you work towards your goals learn from your own mistakes, learn from other people and find it in your heart to lend a hand where you can.

Favourite Colour: I like many colours like navy blue, green and grey, but my favourite is Royal blue.

What you do not know about me is that I am a simple, humble woman who grew up in a shack, in a rural village which had only 22 houses in total. There were no amenities like shops, churches, clinics, surgeries, public transport, factories, play grounds or most importantly schools. We had to walk about 21 km through the bush, rainy or windy to and from the nearest village for all these amenities, especially to school.The common entertainment, other than playing old games like skipping, etc, was soccer which was played in a rough field with make-shift poles.

TRANSFORMING THE FUTURE

ENABLING TODAY

CHIETA
CHEMICAL INDUSTRIES EDUCATION & TRAINING AUTHORITY

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HEALTHY EATING

Kick-start your metabolism by including protein at breakfast, choose from eggs, salmon, lean ham or dairy. We burn more calories digesting protein rather than carbs so, by adding protein to your breakfast, you'll be revving up your metabolism and because protein keeps you fuller for longer, you'll eat fewer calories during the rest of the day.

A protein breakfast needn't take any longer to prepare. Top your morning toast with a scrambled egg, a slice of smoked salmon or some lean ham and when you do have a little more time, enjoy an omelette or frittata.

Whatever you do, don't skip breakfast as this sets your blood sugar off on a roller-coaster that means you'll end up choosing the wrong foods later in the day. Remember breakfast makes an important contribution towards your daily intake and it plays a key role in maintaining a healthy weight.

Protein breakfast recipes:
Spinach protein pancakes
Mushroom baked eggs with squished tomatoes
One-pan summer eggs

5 TIPS TO 'RE-THINK' EXERCISE

EXERCISE IS MOVEMENT, NOT MINUTES.

EXERCISE DOES NOT REQUIRE BLOOD, SWEAT OR TEARS.

EXERCISE CAN BE SHORT & SWEET.

EXERCISE CAN HELP YOU 'TUNE IN' TO YOUR BODY.

EXERCISE IS (AND SHOULD BE) REWARDING.

CHIETA'S ARPL PROGRAMME EMPOWERS WOMEN

A pioneering programme to help employees without formal training to attain recognised qualifications, which is being spearheaded by the Chemical Industry Education and Training Authority (CHIETA) and Richards Bay Technical Training & Assessment Centre, is transforming the lives of scores of South African women. The Artisan Recognition of Prior Learning (ARPL) programme gives skilled employees without formal training to get registered qualifications and unit standards. ARPL recognises that learning is a continuous process that can happen at formal institutions or through informal platforms. CHIETA gives grants to various institutions that conduct the training programmes.

Shantal Gatgate, age 34 from Richards Bay is one of the thousands of South African women who have benefited from the programme and now boasts of a permanent job as an operator/technician at South 32.

The mother of three said she toiled for many years as a semi-skilled worker and believes the opportunity came at the right time for her. Gatgate has worked for a number of reputable companies including PPC Cement, which is listed on the Johannesburg Stock Exchange.

Happiness Mthethwa, a 29 year-old mother of two, said she was grateful to CHIETA for enrolling her in the Richards Bay Technical Training & Assessment Centre because it changed her life. Mthethwa now assists with facilitation in the filter field after she successfully completed the ARPL programme.

Zinhle Phungula, age 26, said the ARPL programme has opened doors for better paying jobs for her in the fields of engineering.

"I encourage my peers to take opportunities such as the ARPL programme seriously," she said. "I took the opportunity and it has opened doors for me in engineering. "The field of engineering is exciting and it pays very well."

However, the programme is not exclusively for women with beneficiaries such as Khulekani Mfekayi, age 30, emphasising the benefits of formalising their qualifications. The programme also does not exclude unemployed people.

CHIETA seeks to empower communities by availing employment opportunities and upgrading the skills of those that are already employed.

WHAT IS STRESS?

CAUSES OF STRESS

- The death of a loved one.
- Divorce.
- Loss of a job.
- Increase in financial obligations.
- Getting married.
- Moving to a new home.
- Chronic illness or injury.
- Emotional problems (depression, anxiety, anger, grief, guilt, low self-esteem).

DEALING WITH STRESS

- Exercise is one of the most important things you can do to combat stress.
- Consider Supplements.
- Reduce Your Caffeine Intake.
- Spend Time With Friends and Family.
- Do things that make you happy and laugh a lot

Depression In Females

Some signs of depression in females

- Persistent sad, anxious, or "empty" mood.
- Loss of interest or pleasure in activities, including sex.
- Restlessness, irritability, or excessive crying.
- Feelings of guilt, worthlessness, helplessness, hopelessness, pessimism.
- Sleeping too much or too little, early-morning waking

Some things to do when you think you have depression:

- Talk to somebody
- Take a walk or exercise
- Do something you enjoy or that makes you feel relaxed
- Spend a few minutes in the sun.
- Avoid junk food.
- Make an appointment with your GP. ...

IN CONVERSATION WITH THE WOMEN OF CHIETA

THANDEKILE SOKABASE

Language I would like to learn: French.
The phrase "thank you", "my friend" and "thank you very much"
Two words for all women out there: Keep pushing
Favourite Colour: Magenta

NOXOLO JEMBULA

Things you don't know about me: I am interested in interior design,
I love fashion and cars.
Language I would like to learn: I would love to learn french and portuguese,
all the basics such as greetings.
Two words for all women out there: Strive Women.
Favourite Colour: White

GUIDA LANGA

Language i would like to learn: French - You're a strong women
[Vous etes une femme forte]
Two words for all women out there: LOVE YOURSELF
Favourite Colour: Royal Blue

THABANG MOSIELENG

Things you don't know about me: Allergic to sea food
Language I would like to learn: I would like to learn Venda,
Particularly the phrase "Everything happens for reason"
Two words for all women out there: You matter.
Favourite Colour: Black

MAHLATSE XINZI

Language I would like to learn: I would love to learn French. This has been on my to do list for a while now. I would love to learn greetings, getting to know the other people and know how to ask for important information. For me a specific phrase to learn would be "Thank you, you are awesome
Two words for all women out there: Stay phenomenal
Favourite Colour: White

ZOLEKA MSELETSHE

Things you don't know about me: I am a shopaholic
Language I would like to learn: Xitsonga
Two words for all women out there: Love yourself
Favourite Colour: Yellow

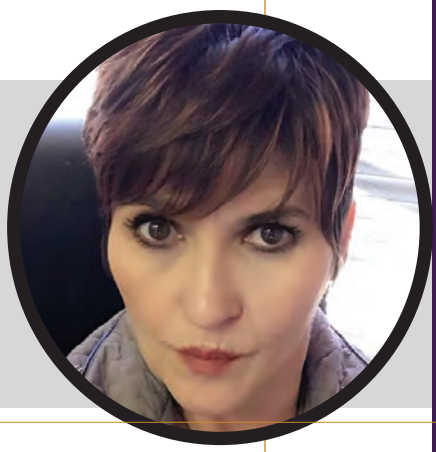
LUNGA VANESSA MTHEMBU

Things you don't know about me: I have a great sense of humour, love to travel (given the chance).
Language I would like to learn: Sepedi
Two words for all women out there: Be worthy. Be bold
Favourite Colour: Purple

ALINE JEANETTE JOHN-NAIDU

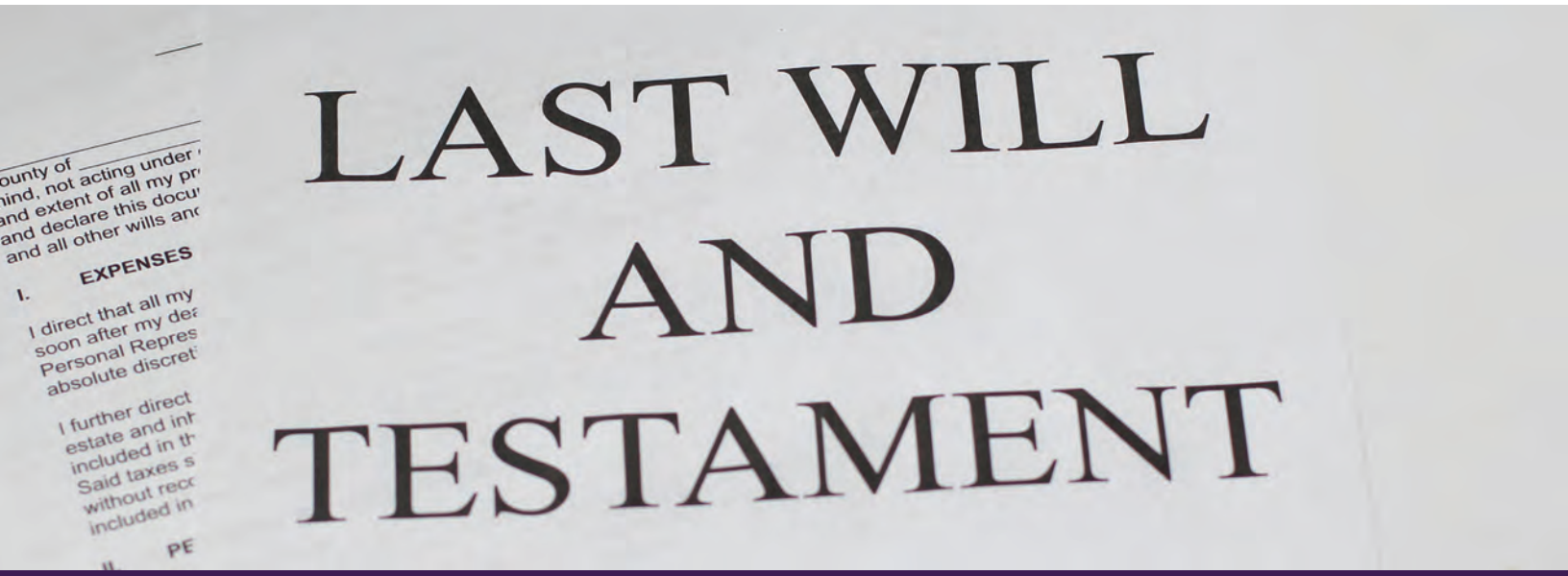
Things you don't know about me: I am now an orphan.
Language I would like to learn: French, "L'habit ne fait pas le moine" (The Vestment Does Not Make The Monk)
Two words for all women out there: Resilience, Strength
Favourite Colour: Red

LOUISE MC NAMARA



Two words for all women out there: Love Yourself
Favourite Colour: Black

THE IMPORTANCE OF A **WILL**



Why should you have a will?

It is a legal document that allows you to decide how your belongings, such as a house, cars, policy payouts and other valuables are shared among the most important people in your life. It also protects your children when you are gone by making sure they are taken care of.

What happens if I die without a will?

Your money and belongings may end up going to people you've never even met, as your estate will be distributed according to the laws of succession, and the whole process takes far longer.

Can I do it myself?

Yes. While a will does not have to be drafted by an attorney (if you can't afford one) or a financial institution, it is best. If you earn less than R10 000 you qualify for assistance at a legal clinic at a cheaper rate. There are shops (e.g. CNA and PNA) that sell standard wills or you can download one from the Internet.

What you need to do:

Nominate an executor. This is the person you trust to make sure your assets are distributed as you set out in your will. This could be your spouse, aunt, uncle, brother, sister or close friend. If you use a financial institution, like a bank, to draw up the will, be aware that they would nominate themselves as the executor and will be entitled to a fee of 3.5% of the gross value of the estate. A family member will not be entitled to payment for this role.

Be specific with the details in your will. Include your immovable assets(a house or land) and movable assets(cars, furniture, clothes or jewellery). Is there a particular person you want to give your house or car to or someone you want to exclude? Then, say so.

Have documents proving ownership. Make sure you have documents proving you are the owner of assets like houses (e.g. a title deed) and cars (registration papers).

Have it signed: You can complete and sign the will, together with two witnesses (who must be over the age of 14). It also can't be someone who will inherit from the estate.

Check and recheck. Sign every page of your will in front of a commissioner of oaths, so the validity cannot be questioned in court. Update your will as your circumstances change or if one of the people you've included pass away before you.

GIRL BOSS ROUTINE

HOW TO START YOUR DAY LIKE A REAL BOSS

01 OPEN THE BLINDS & MAKE YOUR BED

Making your bed in the morning has been proved to make you feel like you've accomplished something already.

02 WASH YOUR FACE

Washing your face is something that will really wake you up for good, and make you feel energised and ready to start your day.

03 MAKE COFFEE & WRITE IN YOUR GRATITUDE JOURNAL

Sit down and write in a gratitude journal while drinking your coffee.

It's super simple! Write down the things you are grateful for, what would make today great & your daily affirmations.

Write a few other things that make you feel good and motivate you, like a quote, or something that reminds you of a nice project you have in mind.

04 WRITE DOWN YOUR TO DO LIST

Making a to do list is a huge help to organise your day and know exactly what you have to do and where to start. It allows you to set your daily goals and knowing exactly where you're goin.g

Crushing your goals and getting things done is SO much easier when you know EXACTLY what you have to do.

05 15 MINUTES OF YOGA

Morning workouts are beneficial when it comes to feeling good and productive. If you are not a fan of intensive workouts, why not try yoga?

Yoga doesn't feel as aggressive and yet you still feel the benefits of moving your body.

06 GET READY

Shower, get dressed and do your hair and makeup (if you wear any). Even if you're not planning on going out that day, getting dressed will put you in the right mood to accomplish every task on your to do list.

Set your mood to be productive. Staying in your Pjs is only going to make you want to procrastinate on the couch.

07 CHECK ITEMS OFF YOUR TO DO LIST!

You're now ready, dressed, and in the right mood to conquer the world.

All you have to do now, is to get things done, So put some gangsta rap on girl, and handle it.

10 Weave Tips

EVERY Woman Should Know

Do Your Research
Consultations exist for a reason. It's your opportunity to address any concerns, and ask your stylist any questions that you may have, to ensure that you receive a great installation. Tip: Ask to see pictures of weaves that they have done for past clients.

Go to a Professional Stylist
Get your extensions done by a professional stylist who specializes in hair extensions. Check out their portfolio so you can see if their method of styling is what you are looking for. Tip: Make sure your stylist specializes in healthy haircare to preserve your tresses.

Confidence
When selecting your hair for your installation, choose a length and texture that you are comfortable with and works with your lifestyle. At the end of the day, you will have to wear this hair. Tip: If you are comfortable, you will exude confidence.

Braid Pattern and Size
This can truly make or break a good weave! While there are universal braid patterns, no two heads are shaped exactly alike. Your braid pattern should reflect the style that you have chosen, as well as your head shape. Tip: Make sure your base braids are small. Bulky braids lead to a bulky weave.

A Great Cut
There is a huge misconception when it comes to cutting your weave. Cutting your weave allows for personalization. It could be light layers to frame your face, or long layers to create body and movement. This should be done to enhance the end result, and to make your installation look and flow as natural as possible. Tip: Cut your weave to a style that suits you.

Maintenance: No longer than 8 weeks
Generally, weaves protect your hair from the everyday wear and tear that can result from daily styling. However, keeping your weave in longer than the suggested time can most unquestionably damage your hair underneath. Tip: Maintenance is key.

Textures: Don't be afraid to mix!
Create your signature style by blending textures with 100% human hair. For example, combining wavy hair with curly gives you an easy wash-and-go style. A relaxed texture combined with straight will give you the perfect blend and with lots of body. Tip: Experiment with different textures.

Your Natural Hair
Always leave out as little of your natural hair as possible if you're applying a full head of hair extensions that don't exactly match your natural hair texture. Tip: The less you have out, the less you have to manage.

Avoid Hairline Breakage
Try to leave out ample hair around the edges to avoid added tension around your hairline. Tight braids applied close to your hairline with tracks sewn on them can easily break or cause further damage like Tractional alopecia. Always moisturize your hairline at night. Try to use a product that is not too heavy to avoid buildup in your hair extensions. Tip: Take care of your natural hair.

Get Premium Hair
For a weave that has longevity, always use 100% virgin Indian hair, with cuticles running in one direction, from root to tip. Tip: Use Indique Hair's 100% human and chemical free hair to achieve the most flawless look.

SIGNS OF AN ABUSIVE RELATIONSHIP

Your inner thoughts and feelings

Being afraid of your partner.
Believing that you deserve to be hurt/mistreated by your partner. Can't open up to your partner about certain topics because you are afraid that it will upset them.

Your partner 's belittling you

Humiliates or yells at you.
Criticizes you.
Treats you bad and you are embarrassed for your friends and family to see.
Blames you for their own abusive behaviour.

Your partner's violent behaviour threats

Has bad temper.
Threatens to kill you, kill themself if you leave or take your kids away from you.
Forces you to have sexual intercourse.

Your partner's controlling behaviour

Acts excessively jealous and possessive towards you.
Wants to know where you going/what you doing always.
Keeping you and the kids away from seeing your family.

The cycle of violence in domestic abuse

The psychological warning signs of abuse. People who

are being abused may:
Have very low self-esteem, even if they used to be confident
Show major personality changes (e.g. an outgoing person becomes withdrawn).
Be depressed, anxious, or suicidal.

IN CONVERSATION WITH THE WOMEN OF CHIETA

PINKY MORE

Things you don't know about me: I am Mother of 2 beautiful girls. I like bungee jumping. I am Pedi French – I am fearfully and wonderfully made
Two words for all women out there: Strong, Nurturer.
Favourite Colour: Black

SAMANTHA JACOBS

Things you don't know about me: I'm very friendly person, Love dancing. I'm a good listener. I'm very passionate about rugby. Favourite team is the Stormers.
Language I would like to learn: French, 'Excuse me, where can I find a good place to have lunch?'
Two words for all women out there: Ambition, Strength
Favourite Colour: Pink

HLAMALANI CHAUKE

Things you don't know about me: I love cooking and I do it better. I am a strong lady who is supportive in all ways, cares and full of love.
Language I would like to learn I would like to learn Xhosa.
Two words for all women out there: Dream Big.
Favourite Colour: Blue

SHANICE MOODLEY

Things you don't know about me: I love reading and food.
Language I would like to learn: I would love to learn German. Basic phrases like, 'Good morning/afternoon/evening, how are you?', to use when I visit Germany one day.
Two words for all women out there: BE YOURSELF
Favourite Colour: Black

JAYALUXMI MOODLEY

Things you don't know about me: I am in love with life coaching.
Language I would like to learn: I would like to learn French,French women are truly independent
Two words for all women out there: Stay Encouraged
Favourite Colour: Blue

IN CONVERSATION WITH THE WOMEN OF CHIETA

DANRICKE MENTOOR

Things you don't know about me: Very committed to my work and my family. Have a passion for people with special needs.
Language I would like to learn: Would love to learn Xhosa
Two words for all women out there: Ambitious, Committed
Favourite Colour: Red

DUDUZILE MOYO

Language I would like to learn: I would love to learn as many languages as possible, starting with our African languages.
Two words for all women out there: Do not compromise who you are or what you stand for, for anyone. Your biggest tool as a woman is education, no one can take that away from you.
Favourite Colour: Black

TSHAMANO TSHINDANEO

Things you don't know about me: I am very secretive & personal
Language I would like to learn: I would like to learn French....." I love you " in French
Two words for all women out there: Power, Strength.
Favourite Colour: Navy Blue & Pink

ONICA KEFILWE LEKOTO

Things you don't know about me: Most people don't know that I can Sign Language. I know all the basics about sign language. My best friend has a cousin who is Deaf, so growing up we had to learn how to communicate with her. So every chance that I got I would make sure she teaches all the basics of day to day communication.
Language I would like to learn: I would like to learn Swahili, Phrase "Mimi ni bitnti ya mama yangu" which means, "I am my mother's daughter".
Two words for all women out there: SELF LOVE
Favourite Colour: Brown

BASWABILE MAETISA

Things you don't know about me: I love cooking. Cooking has to be the one thing that helps me to de-stress.
Two words for all women out there: Be brave. Bravery in taking bold decisions, in tackling inequalities and patriarchal structures
Favourite Colour: Pink

SOUTH AFRICA'S

FEMALE LEADERSHIP IN NUMBERS

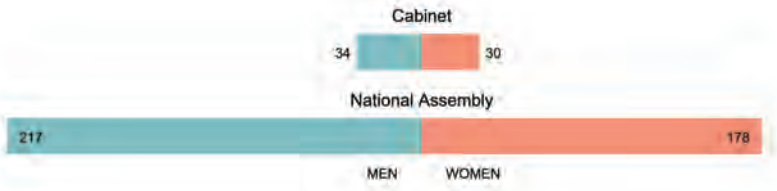
On 29 May 2019, President Cyril Ramaphosa picked his new Cabinet. It includes 30 women and 34 men. There are 28 ministers and 30 deputy ministers.

WHAT THE STATS SAY:

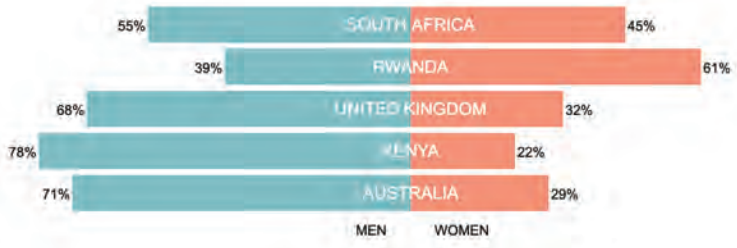
Women In Parliament & Cabinet

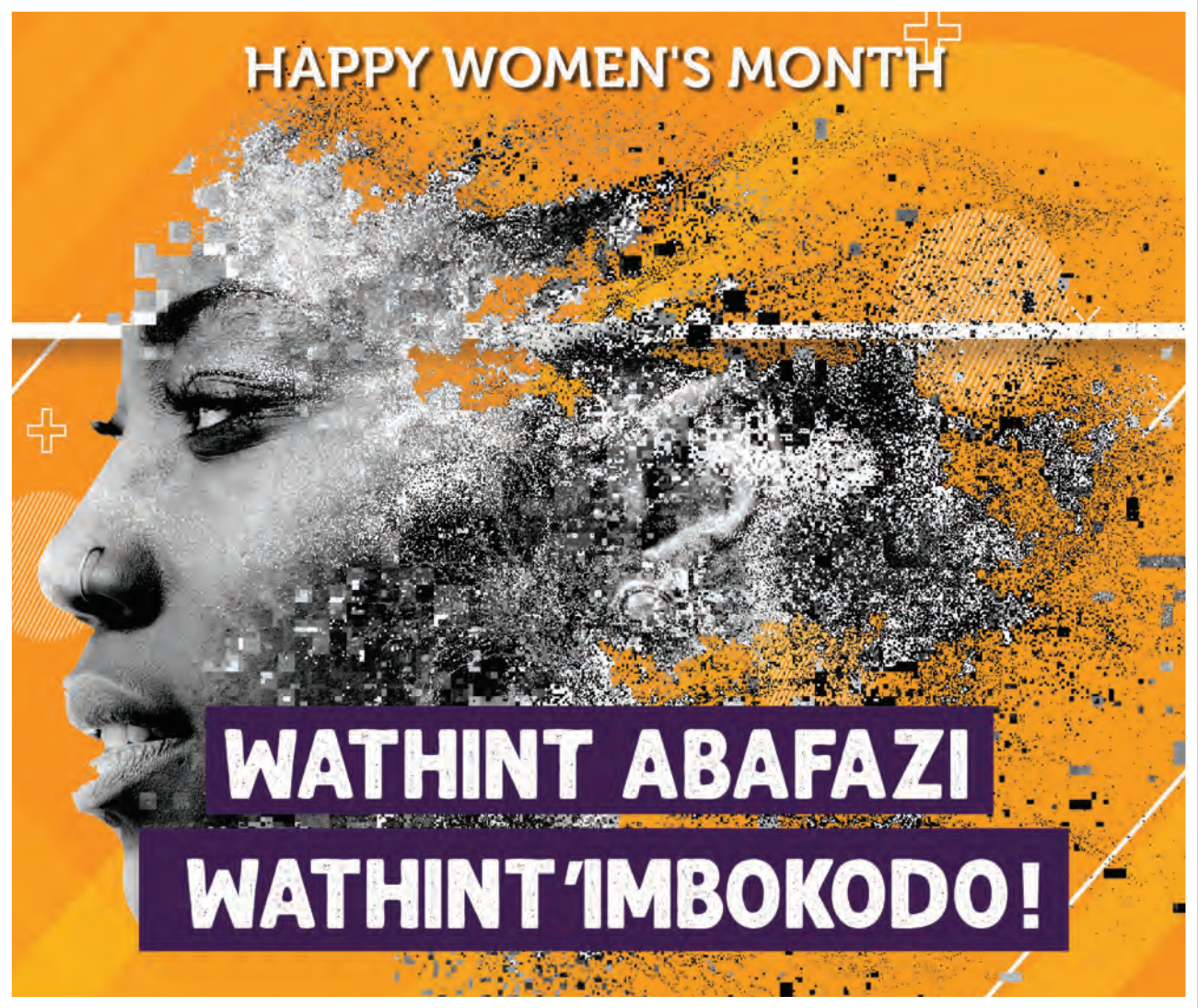
With 30 of the 64 Cabinet members being women, the gender makeup of the Cabinet mirrors that of the National Assembly, from which it is largely drawn.

Female Representation in SA's Leadership



South Africa ranks among the top few countries in which women make up a significant portion of the national parliament. In the UK's House of Commons 32% of the seats are held by women, and in Australia women hold 29% of the seats. Closer to home, Rwanda's national parliament is made up of more than 60% women, while Kenya's is at the lower end with 22% women





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